THE SPA AT SHANGRI-LA

The Spa at Shangri-La is located inside the Shangri-La Hotel.
Please call to make an appointment at 918-257-7734 Or email spa@shangrilaok.com.
For your enjoyment, we also offer a sauna, steam room, and indoor pool available for all spa guests.

FACE & BODY

Microdermabrasion — $90

Minimally abrasive, tiny crystals are used to exfoliate and rejuvenate the skin. It will leave your skin feeling and looking softer and brighter. 45 Minutes

Clear Skin Facial — $95

A method of exfoliation that utilizes a scalpel to remove the top layer of dead skin cells and any facial hair. Can also be used as a prep step to increase the effectiveness of additional treatments.

Gentlemens Facial — $85

An organic botanical cleanse and moisture mask will improve skin and minimize pores and wrinkles. 30 minutes

Fassage — $90

This unique service incorporates the benefits of a signature facial (30 min.) combined with a neck, shoulder, hand, and foot massage (30 min) for ultimate relaxation.

Express Facial — $50

An exfoliating enzyme peel on the face and neck renews the skin, followed by a deep-cleansing massage and a moisturizing mask to refresh and rebalance. 60 minutes

Dermaplaning — $50

A method of exfoliation that utilizes a scalpel to remove the top layer of dead skin cells and any facial hair. Can also be used as a prep step to increase the effectiveness of additional treatments. 60 minutes

Medical Chemical Peel — $100

Accelerate the exfoliation process with this enzyme peel that removes dead skin cells, reduces the appearance of hyperpigmentation, fine lines, and sun damage. 30 minutes

Full Face Extractions — $15

Accelerate the exfoliation process with this enzyme peel that removes dead skin cells, reduces the appearance of hyperpigmentation, fine lines, and sun damage. 30 minutes

Bright Skin Facial — $95

Eliminate toxins, stimulate circulation, and soothe sore muscles with this refreshing scrub. 45 minutes

Firm Skin Facial — $95

Organic cane sugar works as a natural exfoliant to remove dead skin, detoxify, and stimulate your skin to heal and renew. 45 minutes

Calm Skin Facial — $95

A holistic treatment based on the premise that reflex zones in the feet and hands correspond to all body systems. 30 minutes

Back Facial — $65

This service focuses on deep cleansing and exfoliating, designed to nourish and repair the skin on your back. 60 minutes

Microneedling — $200

This process works to rejuvenate your skin by boosting collagen production, which in turn reduces the appearance of wrinkles and fine lines and elevates the overall texture of your skin.

NAILS

Spa Manicure — $42

Nail shaping and gentle cuticle treatment will keep your nails looking their best. Finish with a moisturizing lotion massage and the polish color of your choice.

Spa Pedicure — $52

Soothing lotion massage and gentle nail grooming prepare your hands for the polish color of your choice.

Deluxe Pedicure	$80
Childs Mani	$20
Childs Pedi	$35
Polish Change	$15
Shellac	$12
Shellac Removal	$12
Designs	$10

THE SPA AT SHANGRI-LA

The Spa at Shangri-La is located inside the Shangri-La Hotel.
Please call to make an appointment at 918- 257-7734 Or email spa@shangrilaok.com.
We offer a sauna, steam room, and indoor pool available for all spa guests for your enjoyment.

BODY

MASSAGE

Swedish Massage is used to warm up the muscle tissue, releasing tension and gradually breaking up muscle “knots” or adhered tissues. Swedish massage works on more superficial soft tissues. Relieving stress and promoting relaxation. We offer this in 90, 60 or 30 minutes.

90 Minute $175

60 Minute $110

30 Minute $70

Deep Tissue $10

Deep-tissue massage concentrates on the releasing of deeper layers of muscles and connective tissue. Deep tissue usually focuses on a specific problem, such as chronic muscle pain or injury rehabilitation.

Body Wrap Scrub $75

This gentle massage relieves discomfort, relieves stressed joints, and promotes circulation for overall wellness. 60 minutes

Stone Crop Body Service

Begins with a Stone Crop revitalizing body scrub, followed by a restorative body wrap to both nourish and hydrate the entire skin of the body. This service includes a 60 or 75 minute massage.

90 Minute $180

120 Minute $215

Cupping $20

These specialized cups create a suction used to reduce pain and inflammation

Aromatherapy $10

Choose an essential oil to compliment your experience and assist you in reaching a deeper level of relaxation

Relaxtion Time $15

(15 minutes): Continue relaxation in your room following your massage or facial. You may nap, meditate, or bask in the feeling of rejuvenation instead of promptly ending your service.

Organic Foot Detox $65

This restorative leave in oil treatment includes a hydrating, rejuvenating experience that promotes hair growth and stimulates the scalp. This also includes the sinus soother facial massage

THE SPA AT SHANGRI-LA

The Spa at Shangri-La is located inside the Shangri-La Hotel.
Please call to make an appointment at 918-257-7734 Or email spa@shangrilaok.com.
We offer a sauna, steam room, and indoor pool available for all spa guests for your enjoyment.

HAIR

Blow Dry Bar	
Shampoo Blowdry	$35-$45

Treatment Add Ons

Olaplex Treatment	$35
Deep Conditioning Mask	$10
Build-Up Mineral Removal	$35
Glaze/Gloss	$35
Scalp Massage 5 minute	$10

Styling Add Ons

Beach Waves	$15
Soft Romantic Waves	$15
Old Hollywood Glam Wave	$25
Straight and Smooth (Flat Iron)	$10

Waxing

Brazilian Waxing	$90
Bikini Waxing	$40
Eyebrow Waxing	$25
Nose, Chin, Ears Waxing	$20
Lip Waxing	$15
Full Arm Waxing	$40
Underarm Waxing	$30
Half Arm Waxing	$30
Full Leg Waxing	$70
Half Leg Waxing	$35

FOLLOW US ON SOCIAL MEDIA

@thespaatshangrilaok

@thespaatshangrila