

The Spa
at Shangri-La



THE SPA AT SHANGRI-LA

The Spa at Shangri-La is located inside the Shangri-La Hotel.

Please call to make an appointment at 918-257-7734 Or email spa@shangrilaok.com.

For your enjoyment, we also offer a sauna, steam room, and indoor pool available for all spa guests.

Open Thursday-Sunday 9-5PM

FACE & BODY

Microdermabrasion

\$90

Minimally abrasive, tiny crystals are used to exfoliate and rejuvenate the skin. It will leave your skin feeling and looking softer and brighter.

Clear Skin Facial

\$115

This facial offers a deep cleaning for oily or problematic/acneic skin

Gentlemens Facial

\$115

An organic botanical cleanse and moisture mask will improve skin and minimize pores and wrinkles.

Fassage

\$115

This unique service incorporates the benefits of a signature facial combined with a neck, shoulder, hand, and foot massage for ultimate relaxation.

Deluxe Facial

\$165

Facial followed by relaxing scalp, neck, shoulder, hand and leg massage.

Dermaplaning

\$50

A method of exfoliation that utilizes a scalpel to remove the top layer of dead skin cells and any facial hair. Can also be used as a prep step to increase the effectiveness of additional treatments.

Medical Chemical Peel

\$100/\$200

Accelerate the exfoliation process with this peel that removes dead skin cells, reduces the appearance of hyperpigmentation, fine lines, and sun damage.

Full Face Extractions

\$15

Add this service to any of your custom facials.

Back Facial

\$85

This service focuses on deep cleansing and exfoliating, designed to nourish and repair the skin on your back.

Calm Skin Facial

\$115

This facial will calm and soothe sensitive or allergy prone skin.

Firm Skin Facial

\$115

Intense hydration. Recommended for aging or dry skin.

Bright Skin Facial

\$115

This facial offers a radiant glow and is for sun damaged or dull skin.

DMK Enzyme Therapy

\$200

Hydrolyze dead cells, increase oxygenation, boost cellular energy, encourage new collagen and elastin, flush out cellular waste.

DMK Muscle Banding

\$240

Same result as Enzyme Therapy plus progressively strengthens facial muscles, strengthens fragile capillaries and help reverse the signs of aging.

Microneedling

\$200

This process works to rejuvenate your skin by boosting collagen production, which in turn reduces the appearance of wrinkles and fine lines and elevates the overall texture of your skin.

Morpheus 8

\$800

Radiofrequency Microneedling

One area (Face, Neck or Chest)

Add another area for \$600 or purchase all 3 for \$1800

Intense Pulse Light (IPL)

\$350

One area (Face, Neck or Chest)

All three areas \$900



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BODY

MASSAGE

Swedish Massage is used to warm up the muscle tissue, releasing tension and gradually breaking up muscle "knots" or adhered tissues. Swedish massage works on more superficial soft tissues. Relieving stress and promoting relaxation. We offer this in 90, 60 or 30 minutes.

90 Minute \$195

60 Minute \$130

30 Minute \$90

Additional \$20 for couples

Deep Tissue \$10

Deep-tissue massage concentrates on the releasing of deeper layers of muscles and connective tissue. Deep tissue usually focuses on a specific problem, such as chronic muscle pain or injury rehabilitation.

Body Wrap Scrub \$95

Choose a body wrap to nourish and hydrate or a scrub to exfoliate and rid dull dry skin.

Stone Crop Body Service

Choose a 60 or 75 minute massage followed by your choice of a body wrap for hydration or a body scrub for exfoliation.

90 Minute \$230

120 Minute \$260

Cupping \$20

These specialized cups create a suction used to reduce pain and inflammation

Aromatherapy \$10

Choose an essential oil to compliment your experience and assist you in reaching a deeper level of relaxation

Relaxation Time \$15

(15 minutes): Continue relaxation in your room following your massage or facial. You may nap, meditate, or bask in the feeling of rejuvenation instead of promptly ending your service.

Organic Foot Detox \$65

Relax as you soak in a 15 min ionic soak - followed by 15 min foot massage

NAILS

Spa Manicure \$42

Nail shaping and gentle cuticle treatment will keep your nails looking their best. Finish with a moisturizing lotion massage and the polish color of your choice.

Spa Pedicure \$52

Soothing lotion massage and gentle nail grooming prepare your hands for the polish color of your choice.

Deluxe Pedicure \$80

Childs Mani \$20

Childs Pedi \$35

Polish Change \$15

Shellac \$12

Shellac Removal \$12

Designs \$10



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HAIR

Blow Dry Bar

Shampoo Blowdry \$35-\$45

Treatment Add Ons

Olaplex Treatment \$35

Deep Conditioning Mask \$10

Build-Up Mineral Removal \$35

Glaze/Gloss \$35

Scalp Massage 5 minute \$10

Styling Add Ons

Beach Waves \$15

Soft Romantic Waves \$15

Old Hollywood Glam Wave \$25

Straight and Smooth (Flat Iron) \$10



Purchase a Spa Gift Card
 Call 918-257-7734

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Waxing

Brazilian Waxing \$90

Bikini Waxing \$40

Eyebrow Waxing \$25

Nose, Chin, Ears Waxing \$20

Lip Waxing \$15

Full Arm Waxing \$40

Underarm Waxing \$30

Half Arm Waxing \$30

Full Leg Waxing \$70

Half Leg Waxing \$35

Laser Hair Removal

Chin \$90

Upper Lip \$90

Side Burns \$90

Neck \$120

Underarms \$125

Full Face \$150

Bikini \$170

Brazilian \$325

Back \$300

Stomach \$170

Chest \$170

Arms \$250

Legs \$300

Entire Body \$800